

## Add Movement with Swirls - Using the Distort Filter

Tip of the Week by Barb Brookbank on November 6, 2012

When I want to add a sense of movement to my layouts, I like to use swirls and flourishes and scribbles and scratches.

The other day, I was creating an autumn-themed layout, and I couldn't find just the right swirl. Being the frugal gal that I am, I decided I was going to have to come up with something clever. I didn't go searching for a new kit—I went searching through Photoshop's magical toolbox.

In this tutorial, I'm going to show you an easy way to create your own swirls from a common element found in most scrapbooking kits—a leaf!



### Step One: Prepare the Workspace

- Create a new document (File > New > Blank File) that is 12in by 12in at 300ppi with a white background. (Photoshop: Choose File > New.)

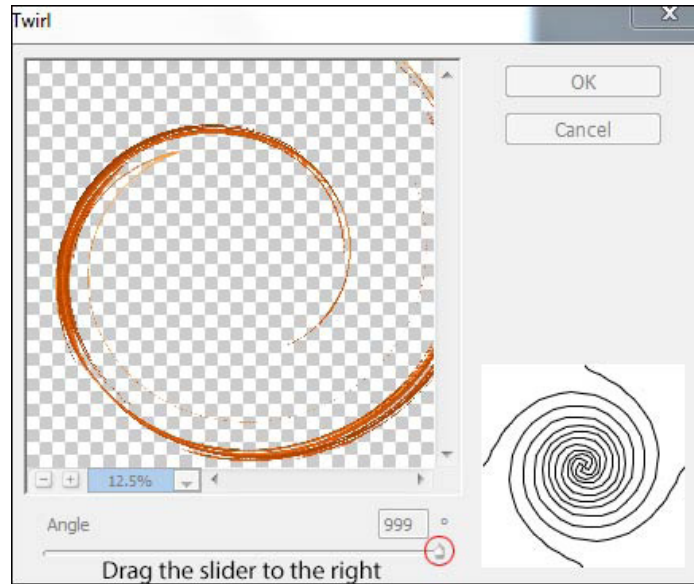
### Step Two: Choose an Element and Add it to Your Page

- Choose and open an element (File > Open) that is somewhat long and skinny. I'm using a leaf from *Autumn Days* by Kristin Cronin-Barrow. The kit is included with the [November 2012 Digital Scrapper Premier Issue](#).
- Get the Move tool. Click on the leaf and drag it onto your scrapbook page.

### Step Three: Distort the Element

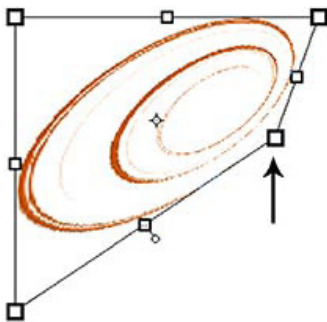
- In the Menu Bar, choose Filter > Distort > Twirl.
- When the dialog box pops up, check to make sure that you are able to see the element in the Preview. Click the Minus or Plus symbols to zoom in or out.
- Click and drag the Angle slider to the right. I dragged it right to the end.

- Click OK.
- To repeat the same distortion and double up the effect, simply press Ctrl F (Mac: Cmd F).



#### Step Four: Resize and Transform the Shape

- In the Move tool Tool Options, make sure Show Bounding Box is checked and Auto Select Layer is unchecked. (Photoshop: Check Show Transform Controls.)
- On the document, click on a corner handle of the Bounding Box and re-size the swirl to about 5" x 5". (Photoshop: You will have to click and hold the Shift key to maintain proportions while you resize.)
- Double click inside the Bounding Box to commit the changes.
- On the document, while holding down the Ctrl key (Mac: Cmd key), click on the bottom right corner handle of the Bounding Box and drag up and to the left to transform the shape. Double click inside the Bounding Box to commit the changes.



And here's my layout after I transformed and rotated my swirl!

#### Credits:

Digi Scrap Tutorial: Add Movement with Swirls—  
Using the Distort Filter by Barb Brookbank  
Layout: Autumn Memories by Barb Brookbank  
Kit: *Autumn Days* by Kristin Cronin-Barrow,  
available to [Premier Members](#) November 2012  
Poem: Elsie N. Brady  
Font: Pea Snoflake

