

Framed with a Phrase

 digitalscrapper.com/blog/qt-framed-phrase/

Jenifer Juris



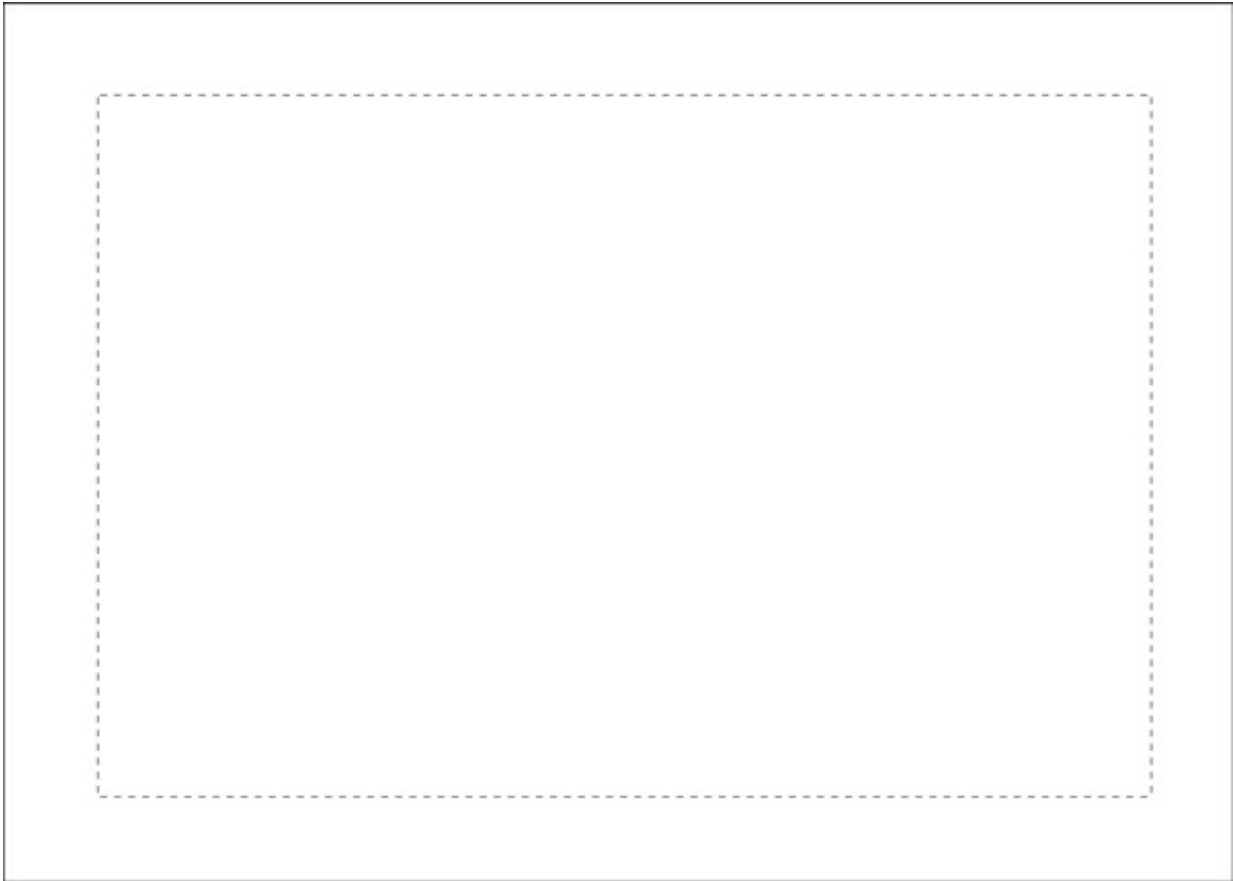
Learn how to create a custom frame with a custom phrase that you can use in so many awesome ways!

Step One: Prepare a Document

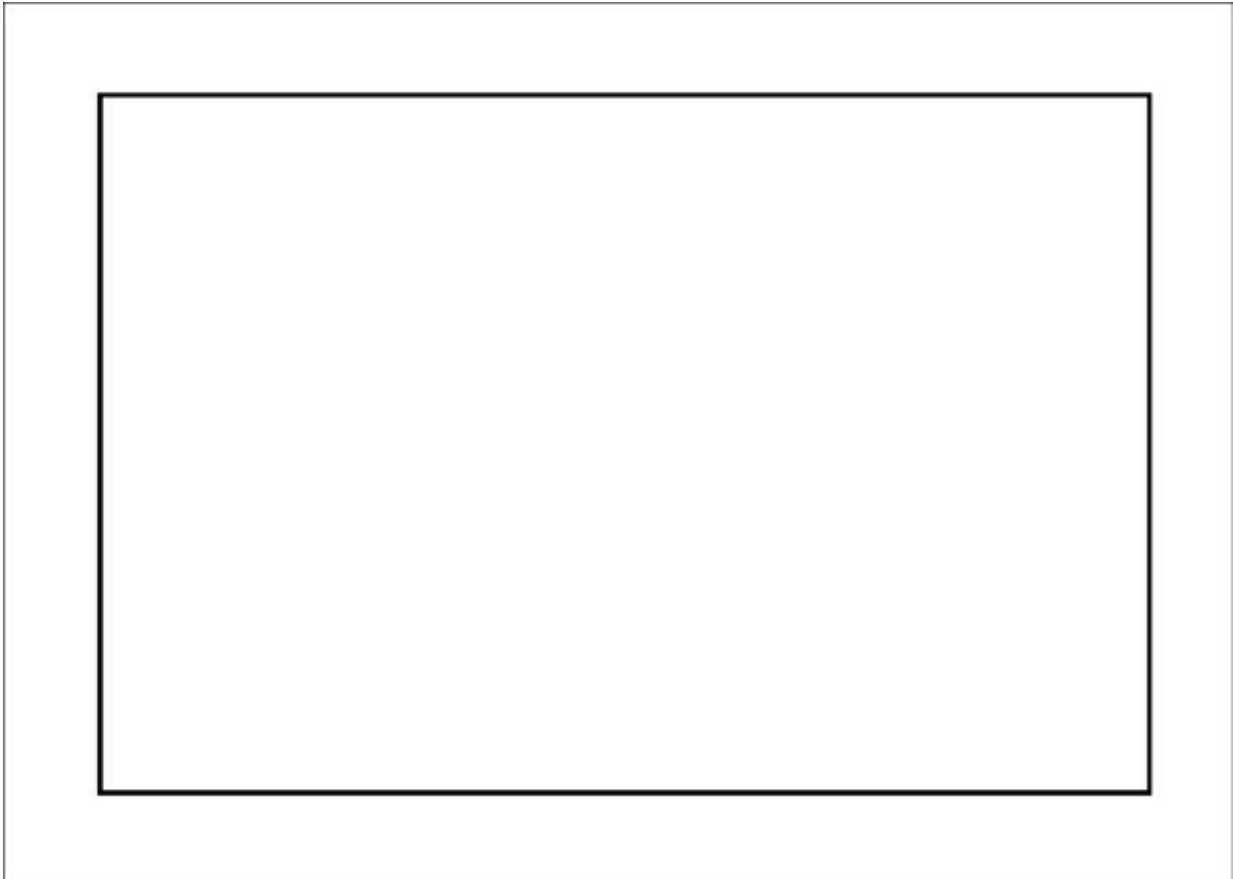
- Create a new 7×5 inch document (File > New > Blank File) at 300 ppi with a white background. (PS: Choose File > New.)
- Press the letter D to reset the Color Chips to the default of black over white.

Step Two: Create a Stroke Frame

- In the Layers panel, click on the Create a New Layer icon.
- Get the Rectangular Marquee tool.
- In the Tool Options, click on the New Selection icon. Set the Feather to 0 px and the Aspect to Fixed Size. (PS: Set the Style to Fixed Size.) Enter a Width of 6 inches and a Height of 4 inches.
- On the document, click and drag to position the selection so that it's entirely on the document and roughly centered.

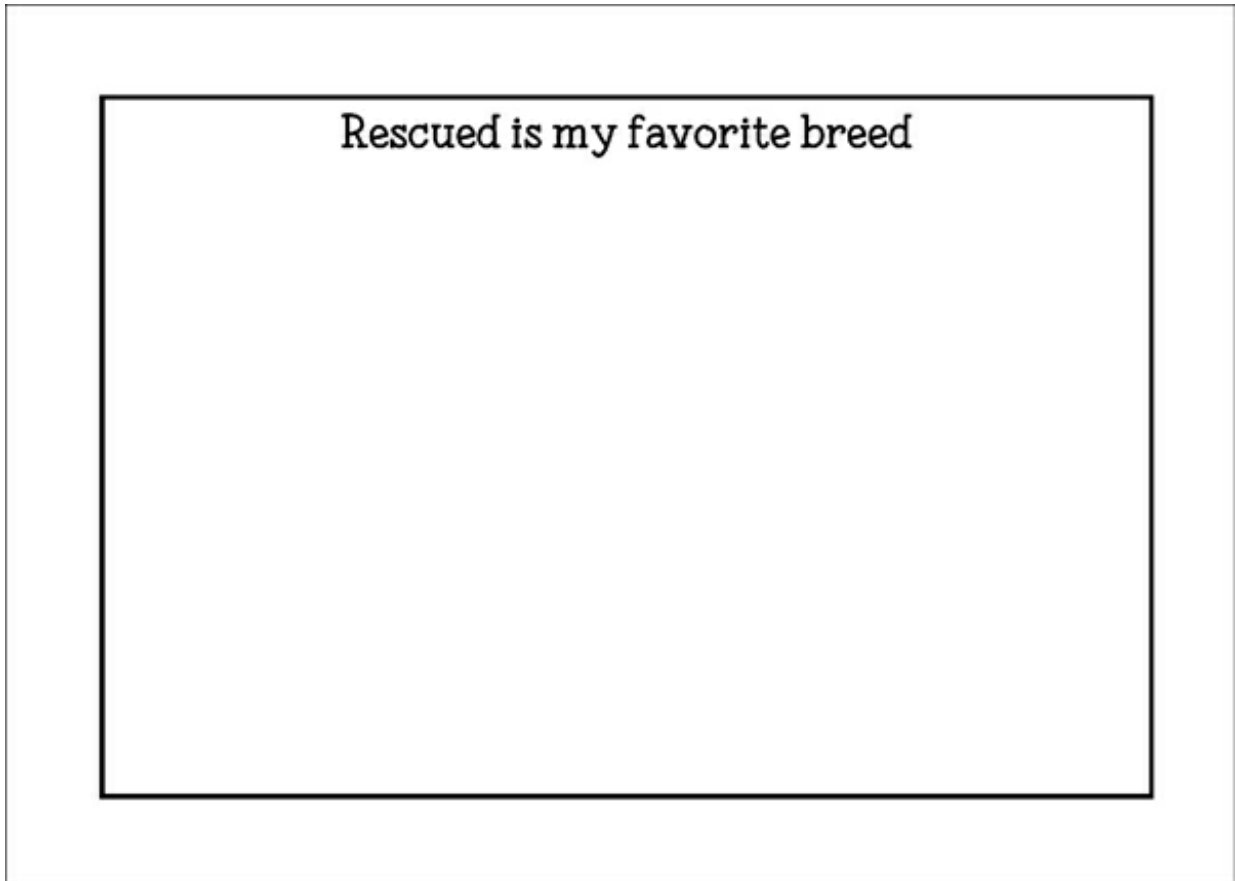


- In the Menu Bar, choose Edit > Stroke (Outline) Selection. (PS: Choose Edit > Stroke.)
- In the dialog box, enter 8 px for the Width, set the Location to Inside, and set the Blending Mode to Normal with an Opacity of 100%. Click OK.
- Press Ctrl D (Mac: Cmd D) to deselect.



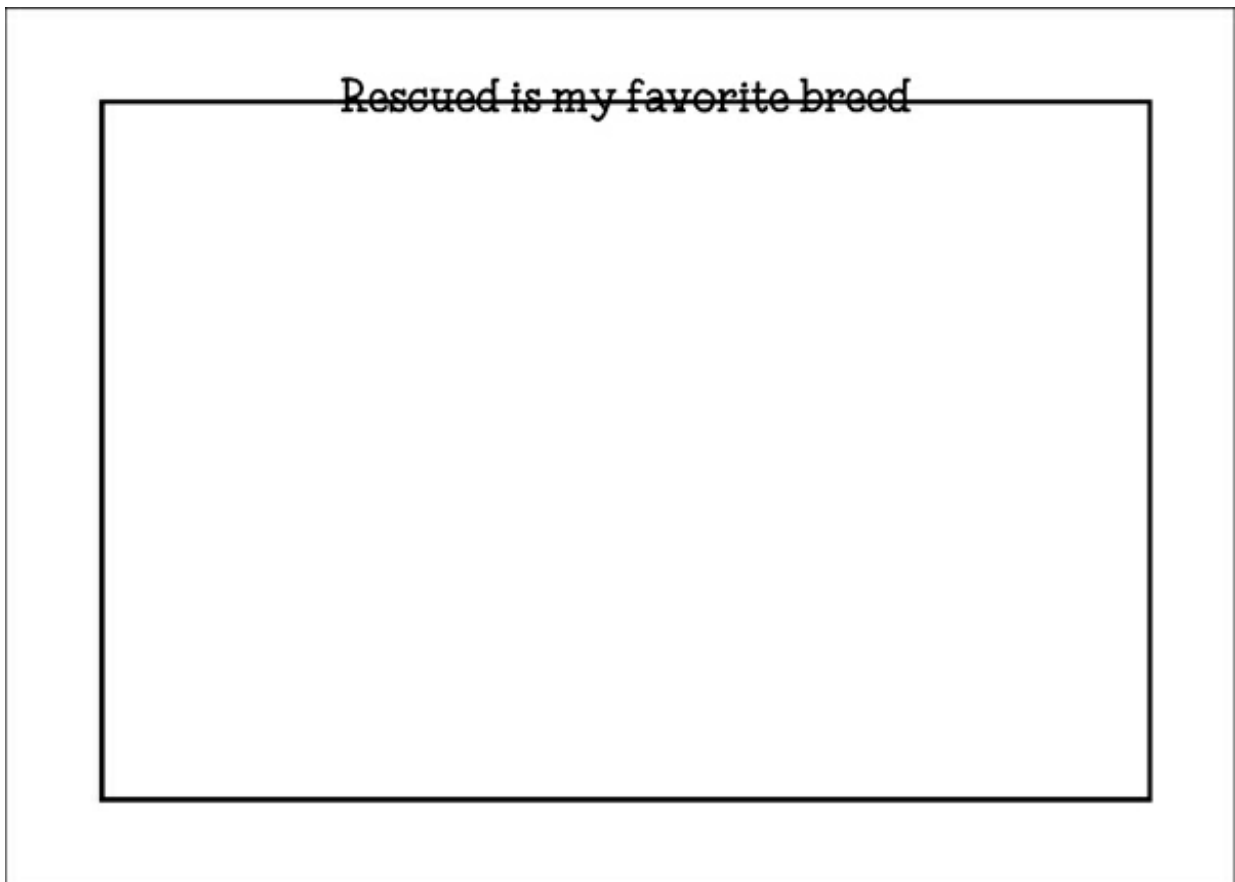
Step Three: Add Text

- Get the Horizontal Type tool.
- In the Tool Options, choose a font and size. Click on the Center Text Alignment icon. I'm using the font Fonesia with a size of 18 pts.
- On the document, click once in the center just below the top of the stroke frame and type the phrase you wish to use. I'm using the phrase "Rescued is my favorite breed." Click the checkmark to commit.
- In the Layers panel, hold down the Shift key and click on the stroke layer. Now both the type layer and the stroke layer should be active.
- Get the Move tool.
- In the Tool Options, click on the Align Middle icon. (PS: Click on the Align Horizontal Centers icon.)



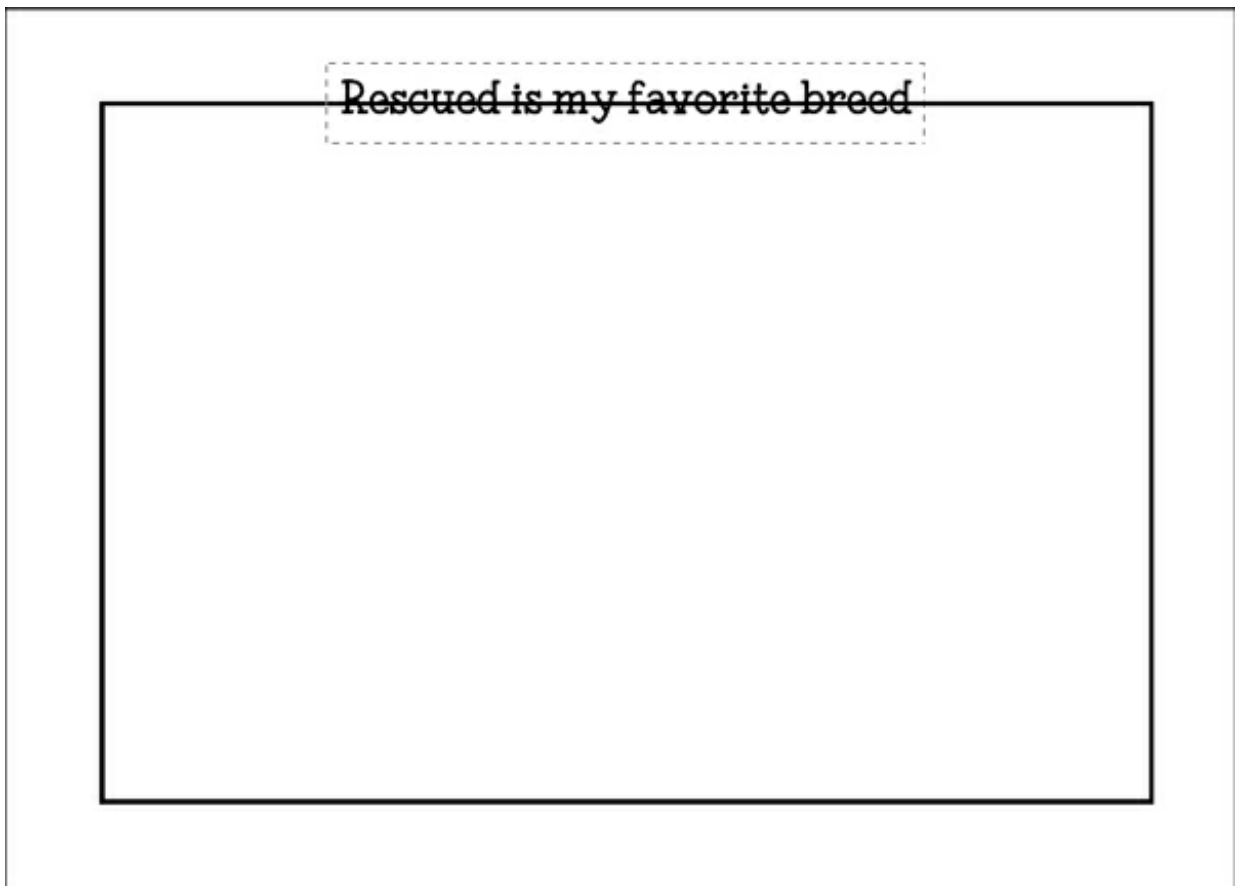
Step Four: Create Space for Text

- In the Layers panel, click once on the type layer so it's the only active layer.
- Use the keyboard Arrow keys to nudge the type layer up to be centered on the stroke line. (See the image below.)

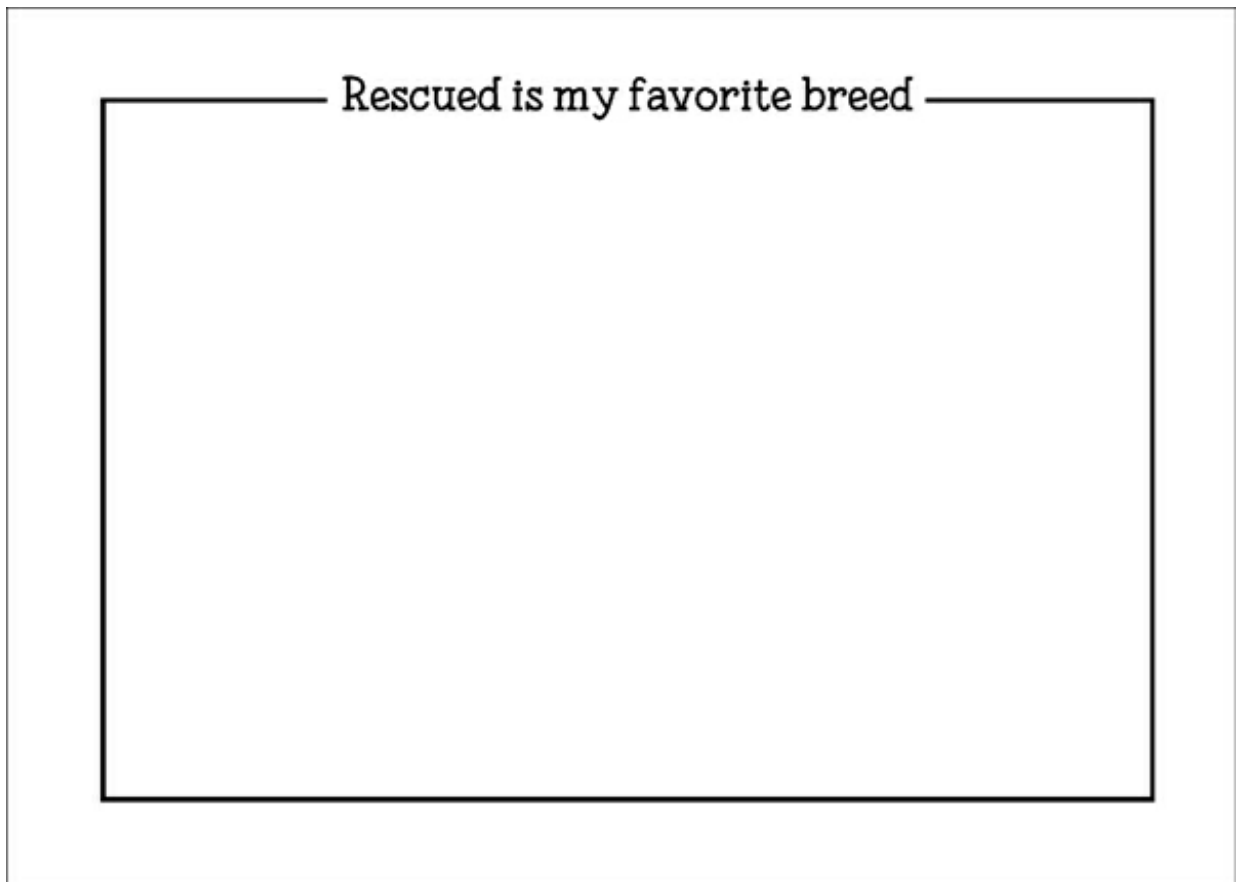


- Get the Rectangular Marquee tool.
- In the Tool Options, set the Aspect to Normal. Leave everything else the same. (PS: Set the Style to Normal.)
- On the document, click and drag an outline around your text. To reposition while dragging, press and hold the Space bar.

TIP: Try to center the selection outline around the title.



- In the Layers panel, click on the stroke layer to activate it.
- Press the Backspace key (Mac: Delete key) to remove the selected portion of the stroke frame.
- Press Ctrl D (Mac: Cmd D) to deselect.



Step Five: Use in a Project

- In the Layers panel, hold down the Shift key and click on the type layer. Now both the type layer and the stroke layer should be active.
- In the Menu Bar, choose Layer > Merge Layers.

Note: This frame is not something you can stretch. If you need a smaller or larger sized frame, make sure you adjust the size at the very beginning of this tutorial for your project's needs.

Now the frame is ready to be used in a project! Here are some ideas on how you can use this:

Photo Overlay:



Photo Frame:

Rescued is my favorite breed



Element/Anchor:



Credits:

Page & Photo: Jenifer Juris

Tutorial: Framed with a Phrase by Jenifer Juris

Kit: Details by Anita Designs

Font: Fonesia

Author: Jenifer Juris | [Contact Us](#)

All comments are moderated.

Please allow time for your comment to appear.