

# SCRAPPER'S GUIDE

The Easiest Way To Learn Digital Scrapbooking. **Guaranteed.**

## Polar to Rectangular Filter (Photoshop Elements)

Tip of the Week by Jen White on September 20, 2011

I love it when a plan follows through — seamlessly.  
Don't you?

The most current Digital Scrapper Premier kit — Alphabet Soup by Christina Mortimer — includes a super-duper cute circular frame. (You can see the frame below.)



As soon as I saw it, I had grand plans to put the frame into action.  
Then I thought — hey, this frame would look super-duper cute as a horizontal strip, too!

Too bad for me? Think again.  
Photoshop Elements is packed full of power filters.  
Check out this one for turning circles into horizontal lines.

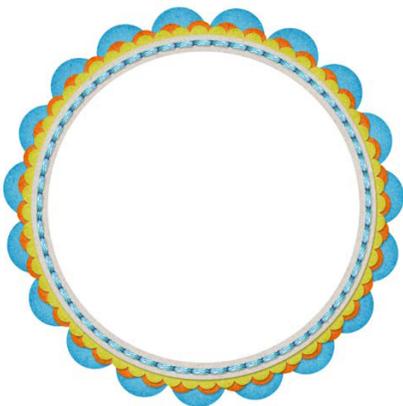
### Step 1: Prepare a Blank Document

- Create a new document (File > New > Blank File) that is 12x12 inches at 300 ppi.

### Step 2: Add a Circle Frame

- Open (File > Open) a circle shaped frame.
- Press Ctrl A (Mac: Cmd A) to Select All.
- Press Ctrl C (Mac: Cmd C) to copy the frame to your computer's clipboard.
- Press Ctrl V (Mac: Cmd V) to paste the frame from your computer's clipboard into the center of your document.

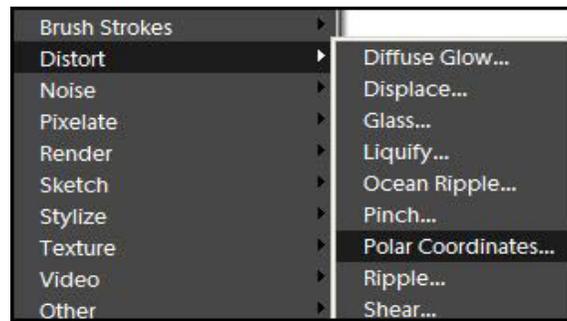
Note: It is vital that the frame be in the very center of the document for this technique to work correctly.



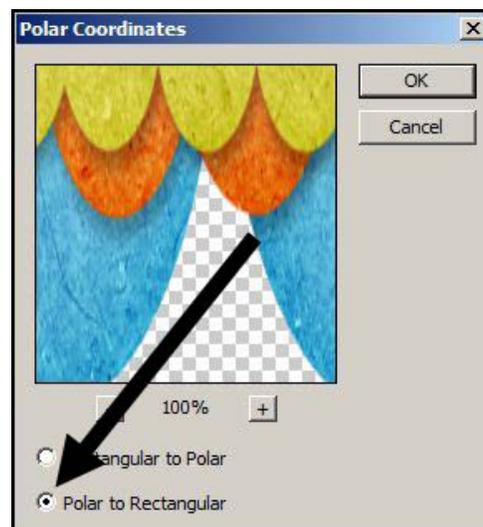
This is frame03 from the September 2011 Digital Scrapper Premier kit, [Alphabet Soup](#) by Christina Mortimer.

### Step 3: Apply the Polar Coordinates Filter

- In the Menu Bar, choose Filter > Distort > Polar Coordinates.

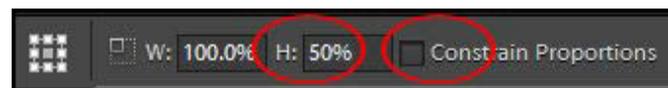


- In the dialog box, choose the Polar to Rectangular radio button. Click OK.
- Note: You might not see anything in the Preview window of the dialog box.



### Step 4: Transform the Height

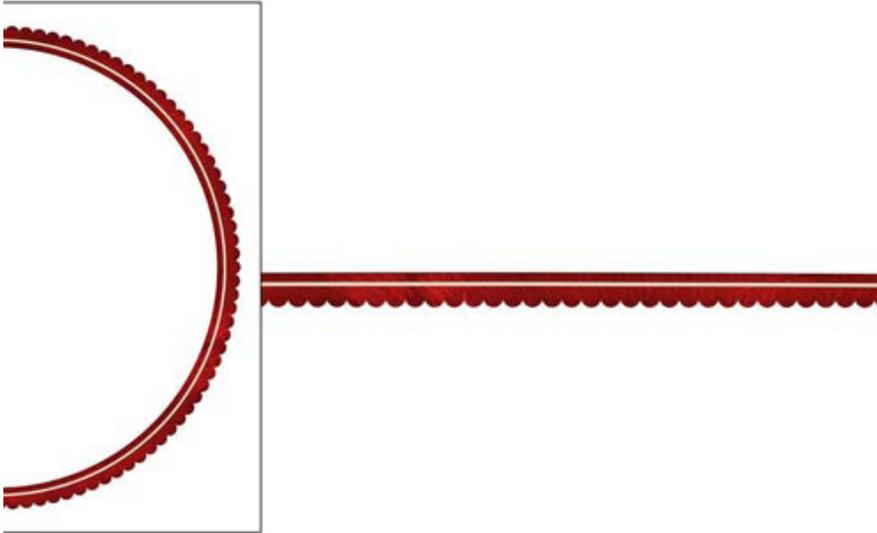
- Press Ctrl T (Mac: Cmd T) to get the Transform options.
- In the Options Bar, uncheck Constrain Proportions.
- Change the Height percentage to 50%. Depending on the frame, you may need to adjust the percentage.
- Double click inside the bounding box to commit the changes.



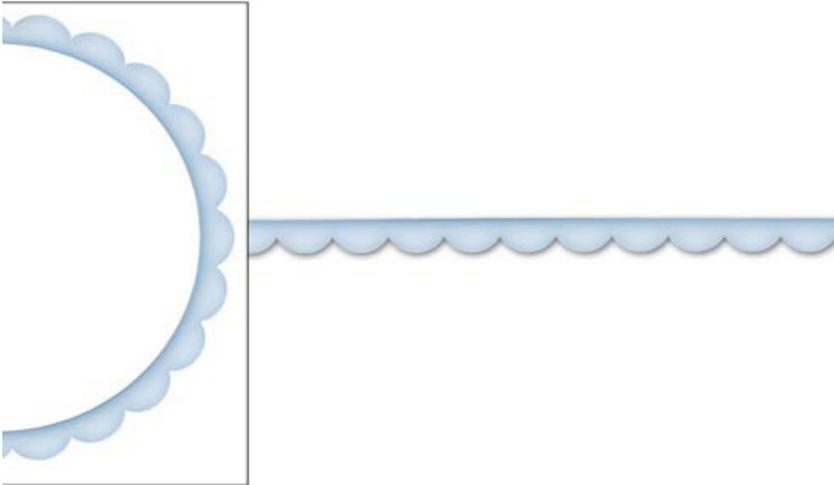
### Step 5: Save Your New Element

- In the Layers panel, click on the Visibility icon of the Background layer to hide it.
- Ctrl click (Mac: Cmd click) on the thumbnail of the rectangular strip layer to get a selection outline.
- In the Menu Bar choose Image > Crop.
- In the Menu Bar choose Select > Deselect.
- Save as a PNG file (File > Save As) with a unique name in the same folder as the original frame.

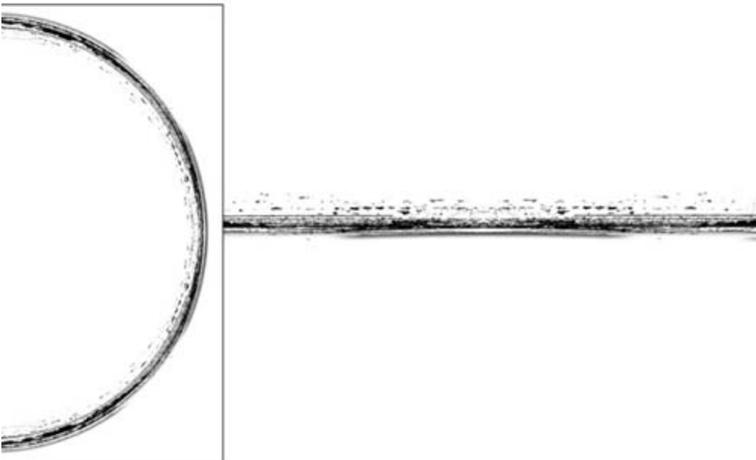
Here are some more examples of circular frames turned into rectangular strips.



This is scallopedframe3 from Digital Scrapper Premier November 2010, Christmas Past by Susan Bartolini.



This is frameblue from Digital Scrapper Premier September 2010, [Menagerie](#) by Peppermint Granberg.



This is SG Grunge Ring from Digital Scrapper Premier May 2010,

[Boys & Toys](#) by Digital Scrapper Designs.

Want to go backward from Rectangular to Circular instead? Check out this [tip of the week](#) from October 2010.

Credits:

Tip: Polar to Rectangular Filter by Jen White

Software: Photoshop Elements 9.0

Frames:

Alphabet Soup by Christina Mortimer

Christmas Past by Susan Bartolini

Menagerie by Peppermint Granberg

Boys & Toys by Linda Sattgast



### Leap Frog To The Next Level!

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[Find out more about the Learn Digital Scrapbooking class.](#)

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