

# STORIES

## — my everyday life —

### **January Prompts for Stories, My Everyday Life**

by Jen White

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**Your Goal:** To tell the story of your everyday life using 365 photos (366 in a Leap Year), a priceless collection of tiny stories, and a handful of beautifully designed scrapbook pages.

- Step One: Collect Photos and Tiny Stories
- Step Two: Share in the Private Class Forum
- Step Three: Display Your Photos and Stories Beautifully

For more information, check the Stories, My Everyday Life Manual.

#### **Prompts for January 1**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of your first dinner of the new year and tell a tiny story about it. Was it leftovers because you needed to clean out the refrigerator? Maybe you had takeout because you were sick and tired of cooking?

Option 3. Have you set any goals or resolutions for the month or year? Capture a photo of something that represents one or more of those resolutions. Make sure to record a tiny story about it.

See what others were inspired to capture in the January 1 comments.

#### **Prompts for January 2**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of something (not a person) in your life that you cannot live without. Tell a tiny story of why it's so important to you.

Option 3. Do you have a word or verse for 2024? Write it on a piece of paper in your own handwriting and take a photo of it (or with it). Talk about why you chose it. If you don't have a word or verse for 2024, consider choosing one.

See what others were inspired to capture in the January 2 comments.

### **Prompts for January 3**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a screenshot of the home screen on your phone and use it for your daily photo. Tell a tiny story about why you choose that image to display on your home screen.

Option 3. What's the hardest thing you're dealing with right now? Take a photo that would represent this trial and talk about it.

See what others were inspired to capture in the [January 3 comments](#).

### **Prompts for January 4**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of your home. Tell a tiny story about how long you've lived there.

Option 3. What music did you listen to today? Take a screenshot of the album cover and tell a tiny story about how you were introduced to the artist.

See what others were inspired to capture in the [January 4 comments](#).

### **Prompts for January 5**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of your current favorite snack and tell a tiny story about when you discovered it or how long you've loved it.

Option 3. What was your day like today? Chaotic? Quiet? Busy? Fulfilling? Take a photo that would best represent how your day was. Then, tell a tiny story about it.

See what others were inspired to capture in the [January 5 comments](#).

### **Prompts for January 6**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of your current computer setup. This can be a photo of your desk or a photo of you sitting in your favorite chair with your laptop on your lap. Tell a tiny story about it.

Option 3. Was there something about today that made it unique? Maybe the sun finally came out after four straight cloudy days. Or maybe you got a text from someone you haven't heard from in a long time. Capture a photo that would best represent what made your day unique and tell a tiny story about it.

See what others were inspired to capture in the [January 6 comments](#).

### **Prompts for January 7**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo that best represents your favorite smell. Tell a tiny story about why you might love it.

Option 3. Did you use your time wisely today? If so, what did do? If not, what did you choose to do instead? Take a photo of what you did and tell a tiny story about it.

See what others were inspired to capture in the [January 7 comments](#).

### **Prompts for January 8**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of you wearing your current favorite jacket and winter hat. Tell a tiny story about how long you've had them or where you got them.

Option 3. Besides scrapbooking, do you have a favorite hobby? Take a photo and tell a tiny story about how you developed that hobby.

See what others were inspired to capture in the [January 8 comments](#).

### **Prompts for January 9**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of anything fun you did today. Tell a tiny story about it.

Option 3. Is there anything you're saving up for or hoping to buy soon? What are you dreaming of owning? Take a screenshot of that thing from the web and tell a tiny story about why you want to own it.

See what others were inspired to capture in the [January 9 comments](#).

### **Prompts for January 10**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of what you did to relax today. Tell a tiny story about how it relaxes you.

Option 3. Do you typically dream? Describe your last dream and try to capture a photo that represents it, or take a screenshot from the web.

See what others were inspired to capture in the [January 10 comments](#).

### **Prompts for January 11**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of something you're grateful for and tell a tiny story of why you're grateful for it.

Option 3. What's one rule you wish wasn't a rule? Tell a tiny story about why you dislike the rule. Capture a photo that represents it or take a screenshot from the web.

See what others were inspired to capture in the [January 11 comments](#).

### **Prompts for January 12**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Find a photo of the last loved one you lost. This could be a pet, family member, or friend. Tell a tiny story of how you are dealing with the loss.

Option 3. How do you typically pay for things? Cash, debit card, credit card? Take a photo that represents your preferred form of payment. Tell a tiny story about why you choose this route over the others available to you.

See what others were inspired to capture in the [January 12 comments](#).

### **Prompts for January 13**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of today's weather. Tell a tiny story about if you like or dislike it.

Option 3. How many shoes do you own? Take a photo of you wearing your favorite or go-to pair. Tell a tiny story about why they are your favorite.

See what others were inspired to capture in the [January 13 comments](#).

### **Prompts for January 14**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of something that makes you feel alive. Tell a tiny story about why it makes you feel alive..

Option 3. What's your favorite place to shop? Take a photo of that place or get one from the web. Tell a tiny story about why it's your favorite.

See what others were inspired to capture in the [January 14 comments](#).

### **Prompts for January 15**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of something (not someone) that you wish had never been invented. Tell a tiny story about why you don't like it.

Option 3. Do you have a favorite pair of PJs? Capture a photo of the fabric or of you wearing them. Tell a tiny story about why they are your favorite.

See what others were inspired to capture in the [January 15 comments](#).

### **Prompts for January 16**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of the last thing you created and are proud of. Tell a tiny story about it.

Option 3. Who's the last person who made you laugh? Take a photo of them or get them to send you one. Tell a tiny story about what was so funny.

See what others were inspired to capture in the [January 16 comments](#).

### **Prompts for January 17**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of your favorite accessory, like earrings or a necklace. Tell a tiny story about where you got it.

Option 3. Was anyone especially kind to you today? Capture a photo that would best represent the kindness and tell a tiny story about what they did or said.

See what others were inspired to capture in the [January 17 comments](#).

### **Prompts for January 18**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo that represents the best part of your day today. Tell a tiny story about what made it great.

Option 3. What is something (not someone) you're disappointed in? Was it a purchase, a craft project, or maybe a Pinterest fail? Take a photo that represents it and tell a tiny story.

See what others were inspired to capture in the [January 18 comments](#).

### **Prompts for January 19**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a screenshot of your favorite website. Tell a tiny story about why you love it, how long you've loved it, or how you found it.

Option 3. Do you have something in your life that's a "work in progress"? Take a photo of it and tell a tiny story about your progress.

See what others were inspired to capture in the [January 19 comments](#).

### **Prompts for January 20**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of what made you smile today and tell a tiny story about it.

Option 3. What was your least favorite part of today? Take a photo that represents it and tell a tiny story.

See what others were inspired to capture in the [January 20 comments](#).

### **Prompts for January 21**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of one thing you love about yourself. Don't be shy; be honest. Why do you love it? Tell a tiny story.

Option 3. How do you wind down? Take a photo that would best represent it and tell a tiny story describing it.

See what others were inspired to capture in the [January 21 comments](#).

### **Prompts for January 22**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo that represents one of your weekly tasks. For example, a watered plant or a stack of freshly folded towels.

Option 3. What's your favorite memory from today? Take a photo that would best represent it and tell a tiny story about it.

See what others were inspired to capture in the [January 22 comments](#).

### **Prompts for January 23**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo that includes your favorite room in your home. Tell a tiny story about why you love it.

Option 3. What's one thing you are looking forward to? Capture a photo or screenshot of it and tell a tiny story about why you're looking forward to it.

See what others were inspired to capture in the [January 23 comments](#).

### **Prompts for January 24**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of a favorite quote or verse written on a sticky note in your own handwriting. Tell a tiny story about why you love it.

Option 3. What's one thing you hope will be different this same time next year? Take a photo that represents it and tell a tiny story about how you hope it will change.

See what others were inspired to capture in the [January 24 comments](#).

### **Prompts for January 25**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of your dinner tonight. Tell a tiny story about it.

Option 3. What was the best decision you made today? Take a photo that represents it and tell a tiny story.

See what others were inspired to capture in the [January 25 comments](#).

### **Prompts for January 26**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo with your spouse or closest friend. Tell a tiny story about how long have you been together.

Option 3. What in your home inspires you? Take a photo that best represents it and tell a tiny story about it.

See what others were inspired to capture in the [January 26 comments](#).

### **Prompts for January 27**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo that represents one thing you're thankful for today. Tell a tiny story about why you're thankful for it.

Option 3. When do you feel your best? Is it the morning, evening, or afternoon? Take a photo that represents it and tell a tiny story about it.

See what others were inspired to capture in the [January 27 comments](#).

### **Prompts for January 28**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of the most expensive thing you own that you can carry. Tell a tiny story about it.

Option 3. What are you currently reading? This could be a book, magazine, or even an audiobook. Take a photo or grab a screenshot of the cover from the Web. Tell a tiny story about how you like it.

See what others were inspired to capture in the [January 28 comments](#).

### **Prompts for January 29**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of your favorite beverage or capture a screenshot from the web. Tell a tiny story about what got you started loving this drink.

Option 3. What is one truth you are 100% certain of? Capture a photo that represents it and tell a tiny story about it.

See what others were inspired to capture in the [January 29 comments](#).

### **Prompts for January 30**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo of your last major purchase. If you cannot take a photo of it, find one online. Tell a tiny story about why you purchased it.

Option 3. When was the last time you had a good cry? Was it a happy cry, a sad cry, or a mad cry? Capture a photo that represents it and tell a tiny story. Don't be afraid to be vulnerable.

See what others were inspired to capture in the [January 30 comments](#).

### **Prompts for January 31**

Option 1. Capture a photo and tiny story from this day. It can be ordinary or extraordinary.

Option 2. Take a photo that best represents one thing you have learned about yourself recently. Tell a tiny story about it.

Option 3. If you could live inside of any movie, what would it be? Take a screenshot of the movie cover or poster and tell a tiny story about why you'd want to live there.

See what others were inspired to capture in the [January 31 comments](#).